



Welcoming Arms Counseling, LLC

3040 Riverside Drive
Suite 218
Upper Arlington, OH 43221

In Case of an Emergency When Using Telehealth

If you have a mental health emergency, I encourage you not to wait for communication back from me, but do one or more of the following:

- Call _____
(friend, loved one safe individual name and phone number)
- Call _____
(friend, loved one safe individual name and phone number)
- Call _____
(friend, loved one safe individual name and phone number)
- Call or text 988 – The Suicide and Crisis Lifeline
- Call 911
- Go to the emergency room of your choice

Emergency procedures specific to Telehealth services

There are additional procedures that we need to have in place specific to Telehealth services. These are for your safety in case of an emergency and are as follows:

- You understand that if you are having suicidal or homicidal thoughts, experiencing psychotic symptoms, or in a crisis that we cannot solve remotely, I may determine that you need a higher level of care and Telehealth services are not appropriate.
- I require an Emergency Contact Person (ECP) who I may contact on your behalf in a life-threatening emergency only. Please enter this person's name and contact information below.
- Either you or I will verify that your ECP is willing and able to go to your location in the event of an emergency. Additionally, if either you, your ECP, or I determine necessary, the ECP agrees to take you to a hospital. Your signature at the end of this document indicates that you understand I will only contact this individual in the extreme circumstances stated above.

Please list your Emergency Contact Person here:

Name of Emergency Contact Person

Phone Number of Emergency Contact Person

Phone: 614-636-0334

Fax: 614-548-8663

Email: JennMartin@WelcomingArmsCounseling.com

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You agree to inform me of the address where you are at the beginning of every session. You agree to inform me of the nearest mental health hospital to your primary location that you prefer to go to in the event of a mental health emergency.

Please list this hospital and contact number here:

Hospital Name

Hospital Phone Number

You agree to inform me of the nearest police department to your primary location that you prefer to go to in the event of an emergency.

Please list this police department and contact number here:

Police Department Name

Police Department Phone Number

Phone: 614-636-0334

Fax: 614-548-8663

Email: JennMartin@WelcomingArmsCounseling.com

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